

BODY TREATMENTS

All body treatments are formulated with your utmost care and relaxation in mind. We are committed to providing each guest with an experience that will nurture, balance and rejuvenate your body and spirit.

RAIN SIGNATURE MASSAGE: 60 OR 90 MIN

Designed to release tension in the body and promote deep relaxation using therapeutic techniques of Swedish massage. This massage increases circulation, enhancing relaxation and boosts your immune system.

RAIN SIGNATURE DEEP TISSUE MASSAGE: 60 OR 90 MIN

The perfect tension release for over-stressed muscles. The deep tissue massage will increase flexibility, speed recovery and relieve soreness from over-exertion or intense exercise.

HOT STONE MASSAGE: 60 OR 90 MIN

Smooth basalt stones are applied with warm oils to the body in long, flowing strokes. Warmed and cooled stones may be alternated during this healing therapy to induce a deep relaxation, relieve tension and restore harmony.

SALT OR SUGAR BODY WRAP: 60 MIN

Relax while dead skin cells are removed with dry brushing followed by an application of sugar or salt scrub to further exfoliate. Our signature body thermal wrap is then applied to allow the therapeutic benefits of the salt or sugar to nourish and hydrate your skin. Your skin treatment is completed with our revitalizing body oil to further soften and refine your skin.

ALGAE BODY WRAP: 60 MIN

This specific algae is harvested off the Normandy Coast of France, where the water flows from the Arctic. This ensures that the waters are exceptionally pure. Let the healing minerals of arctic algae re-mineralize and detoxify while moisturizing and firming your skin. You'll leave refreshed, renewed and relaxed.

CELLULITE LEG TREATMENT: 60 MIN

Tired of dimpled thighs? We help reduce their appearance with this amazing treatment. Soothing active treatment gels are applied to the affected areas prior to treatment followed by the gentle process of alleviating the heaviness that comes from excess fluid. This helps relieve swelling and increases circulation while smoothing out the affected area. Your legs will look firmer and feel refreshed. Six to ten treatments are recommended for lasting results.

BACK TREATMENT: 60 MIN

Our back treatment addresses all the issues experienced with one of the most ignored spots on our body; our back. Soothing dry, itchy skin as well as breakouts, relax while we appropriate natural and organic products to correct your specific needs.

WILD LIME HOT STONE TREATMENT: 80 MIN

A one of kind experience that combines our Lespri Hot Stone Massage with a lime and lavender essential oil infusion, a warm wild lime facial massage and soothing scalp treatment. Pure indulgence!

SOOTHING HERBAL BACK THERAPY: 60 MIN

Feel your body unwind as our therapist uses concentrated heat and our soothing Herbal Arnica Gel to soothe the overworked muscles of the back and neck, while the rest of your body is massaged into blissful relaxation.

RAIN SPA RETREAT: 90 MIN

Combining the best of all we have to offer! Starting with a heat infused back treatment, the therapist will use warm towels and hot stones to loosen up back and shoulder muscles. This is then followed by a 60 min "Signature" Massage and Stimulating Scalp Treatment and includes your choice of Deep Heat Foot Treatment or a Hydrating Hand Treatment. Enjoy the ultimate spa experience!

REFLEXOLOGY: 30 MIN

This systematic application of pressure to specific points of the hands and feet stimulates the body's ability to rejuvenate and heal itself. Opening the subtle electrical channels that become blocked due to emotional and physical imbalances. Reflexology addresses these imbalances and brings the root of the imbalance into awareness.

DEEP HEAT FOOT TREATMENT

This treatment includes a relaxing foot and lower leg massage with a deep heat infusion.

HYDRATING HAND TREATMENT

This treatment includes a relaxing hand and lower arm massage, a hydrating cuticle treatment.

STIMULATING SCALP TREATMENT

Stimulate your senses and soothe your scalp with this therapeutic treatment includes a head and neck massage and warm towel wrap.

HERBAL ARNICA NECK TREATMENT

Decrease inflammation, relieve tension and pain, or just soothe sore tight muscles of the neck and shoulders using our exclusive Herbal Arnica and warm towel compress.